

Local Support for Carers Outside Birmingham

Carers Trust Heart of England

Carers Trust Heart of England is a charity that supports and improves the lives of Adult and Young Carers across Coventry and Warwickshire. They provide a range of services that ensure unpaid carers are valued, respected and supported in their caring role. Their free and confidential service is available to:

- Young Carers, aged 5 – 18 years
- Young Adult Carers, aged 18 – 24 years
- Adult Carers, aged 25 and over

T: 024 7663 2972

E: contactus@carerstrusthofs.org.uk

W: carerstrustofs.org.uk

Carers Trust Solihull

Carers Trust Solihull is the lead organisation for Carers in Solihull and is supported by Solihull Council. They provide emotional support, information and advice and assistance to those providing unpaid care. Carers Trust Solihull supports all age groups:

- Young Carers, aged 5 – 18 years
- Young Adult Carers, aged 18 – 24 years
- Adult Carers, aged 25 and over All services are confidential.

T: 0121 788 1143

E: centre@solihullcarers.org

W: solihullcarers.org

Dudley Carers Hub

Carers of all ages in Dudley can receive free support from joining Dudley Carers Hub and Wellbeing Service run by Dudley Council.

As a member you can get information and advice about the support on offer to you and the person you care for. You can also:

- Have access to a Carers' advice line
- Carers' peace of mind emergency scheme.
- Apply for the council's Options+ leisure card
- Support groups
- Carer's Assessment (18+)
- Receive e-bulletins with up-to-the minute information

T: 01384 818723

E: dudleycarershubs@dudley.gov.uk

Scan the
QR code to
read more



Sandwell Council

Sandwell Council will arrange for you to have a Carer's Assessment and can work out what will help you the most. To get more information about these services you can email or call on the details below.

T: 0121 569 2266

E: sandwell_enquiry@sandwell.gov.uk

W: www.sandwell.gov.uk/supportforcarers

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Walsall Carers Hub

Walsall Carers Hub is led by Forward Carers, delivered by Midland Mencap and funded by Walsall Council. Walsall Carers Hub offers a range of support:

- Information and Advice
- Welfare Advice
- Training
- Support Groups
- Employment Support
- Digital Support
- Events and Activities
- Health and Wellbeing
- Max Discount Cards for Parent Carers

T: 01922 616 798

E: info@walsallcarershub.org.uk

W: walsallcarershub.org.uk

Worcestershire Association of Carers

The Worcestershire Integrated Carers Hub provides a one-stop shop for Carers, including Carer Pathway Advisors, Carer Training, Telephone Support for Carers and Carer Groups.

T: 0300 012 4272

E: mail@carersworcs.org.uk

W: carersworcs.org.uk

Wolverhampton Carers Support Service

The Carers' team provides information, advice and support for Carers including:

- Carer's Assessment
- Benefits advice including council tax discounts
- Signposting to other support services
- Emotional support for you as the Carer
- Emergency care for your loved ones with a Carer Emergency Card
- Carer Awareness Training online course

T: 01902 553409

E: carer.support@wolverhampton.gov.uk

W: wolverhampton.gov.uk/health-and-social-care

